



- Professional Seminars
- Convenient Trainings
- Personal Counseling
- Therapy Groups
- Life-Coaching
- Consulting
- Online Resources
- Safe Chats
- Fun Forums
- Crisis Help
- E-Counseling
- Spiritual Growth
- Accountability

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*“Where People Get On
With Life”*

Serving Close To The
Heart Of Valley
Businesses

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Welcome to Blue Skies!

Dear Business Owner,

Thanks for taking the time to get more information. This brochure is a specific overview of the different services available to Blue Skies members upon joining. You have already learned that Blue Skies is a membership based service only for local organizations like yours. It is our goal to enhance your people and your business. We strive to be a cost effective company that delivers professional services with integrity and values and make each service as affordable as possible to all people in your business. Take a close look at the comparison between regular costs and member costs. I trust you find good reasons here to join us.

If we have not already met personally, I am always available for coffee, tea — or lunch.

God Bless You,

Ingo Tophoven, MA, LPC

Founder - Blue Skies Connection, LLC

Services Blue Skies Offers

Regular Cost vs. Member Cost

Regular 2-Hour Seminars (almost every week)

\$30.00

Free

Our seminar schedule is composed of an incredible mix of personal growth, professional growth and leadership topics. Since you have the possibilities with Blue Skies to let us know what your employees and your leaders really need, we are able to not only glean from our own seminar expertise, but more importantly, learn what you would like to see us do in the future.

Regular 1-Hour Trainings via phone (almost every week)

\$20.00

Free

The training schedule is very convenient for anybody who would like to learn without having to leave the office. A regular events schedule will let you know our regular training topics.

Multi-Media/Video/DVD presentations with professional guidance

\$10.00

Free

The goal of our regular showings of professional resources is to educate and inspire those people in your business that may need some personal help but would never go to counseling but have no problem drinking some coffee with us and discuss a topic afterwards. This spring we will start with a series from the AACC (American Association of Christian Counseling) called "Courageous Living" which addresses multiple topics relevant to many people in your business such as anger, depression, divorce, alcoholism, family life, etc.

E-Therapy (six online exchanges with a licensed counselor)

\$85.00

Free

E-counseling is for people on the move and people not in crisis. Many folks come to counseling and just have that one big question or simply need some guidance and counseling. Online therapy can provide that. At Blue Skies members receive six sessions for free and afterwards they can continue at a very inexpensive rate of \$85/per six sessions/month.

8-Hour Premarital Intensive

\$995.00

\$186.00

This one day experience intends to give couples the training needed for a lifetime marriage. Members can bring down the cost in two ways: First, by sharing the day with three other couples and second, by applying a special 25% discount just for members. For the price of a fancy wedding cake we can help eliminate a lot of early damage in a marriage or even help a couple come to tough decisions regarding their plans.

Online Chats & Forums

Not Available

Free

FAQs Archive

Not Available

Free

This database is divided into many popular topics and members can browse through questions and answers that our counselors have been asked in counseling over the years. Members are bound to find some direction and help in this continuously growing archive.

Accountability Software

\$6.95/month

\$6.95/month

Blue Skies supports true accountability. Through our software the accountability person learns where a person has been on the internet and how long he or she stayed. Business leaders have the right to hold employees accountable for valuable company time.

Professional Counseling

\$85.00/session

\$30.00

Traditional face to face counseling is available to members at a reduced cost of \$30.00/session for six sessions. We hope this affordable offer gets people started in counseling that otherwise could not afford to come. After six sessions, regular costs resume via self-pay or insurance.

20-Hour Marital Intensive Intervention with 2 Licensed Therapists

\$2,495.00

\$1,871.00

This intensive intervention with two therapists is designed to get to the bottom of the marital dynamics & develop a plan of restoration that works. Divorces are costly in many ways and we believe that a marriage is worth the effort to analyze and do away with destructive patterns.

Group Therapy (these are therapy sessions, not support groups)

\$60.00/session

\$20.00/session

Crisis Information

Not Available

Free

Individual Life-Coaching (over the phone)

\$250.00

\$85.00/month for 3 sessions

Life-Coaching is a great way to help someone begin to actually live out their true calling. Life coaching is available in groups and individually.

Group Life-Coaching (over the phone)

\$150.00

\$50.00/month for 3 sessions