



- Professional Seminars
- Convenient Trainings
- Personal Counseling
- Therapy Groups
- Life-Coaching
- Consulting
- Online Resources
- Safe Chats
- Fun Forums
- Crisis Help
- E-Counseling
- Spiritual Growth
- Accountability

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*“Where People Get On
With Life”*

Serving Close To The
Heart Of Valley
Ministries

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Welcome to Blue Skies!

Dear Ministry Leader,

Thanks for taking the time to get more information. This brochure is a specific overview of the different services available to Blue Skies members upon joining. You have already learned that Blue Skies is a membership based service only for local organizations like yours. It is our goal to be a cost-effective company that makes professional Christian services affordable to all people in your ministry. Please take a close look at the comparison between regular costs and member costs. We are designed to work in unison with the needs of multiple local ministries. By connecting to many ministries, we can thus keep our prices low and meet everybody's needs effectively. I trust you find good reasons here to join us. If we have not already met personally, I am always available for coffee, tea — or lunch. Make sure to give me a call!

God Bless You,

Ingo Tophoven, MA, LPC
Founder

Services Blue Skies Offers

Regular Cost vs. Member Cost

Regular 2-Hour Seminars (almost every week)

\$30.00 *Free*

Our seminar schedule is composed of an incredible mix of personal growth, spiritual growth, and leadership topics. Since you have the possibilities with Blue Skies to let us know what your ministry needs, we are able to not only glean from our own seminar expertise, but more importantly, learn what you would like to see us do in the future.

Regular 1-Hour Trainings via phone (almost every week)

\$20.00 *Free*

The training schedule is very convenient for anybody who would like to learn without having to leave the office. Our popular lay-counselor training is one of the many things we will offer via phone this year. A regular events schedule will let you know our regular training topics.

Multi-Media/Video/DVD presentations with professional guidance

\$10.00 *Free*

The goal of our regular showings of professional resources is to educate and inspire those that would never go to counseling or to a group but have no problem drinking some coffee with us and discuss a topic afterwards. This spring we will start with a series from the AACCC (American Association of Christian Counseling) called "Courageous Living" which addresses multiple topics in counseling and ministry.

E-Therapy (six online exchanges with a licensed counselor)

\$85.00 *Free*

E-counseling is for people on the move and people not in crisis. Many folks come to counseling and just have that one big question or simply need some guidance and counseling. Online therapy can provide that. At Blue Skies members receive six sessions for free and afterwards they can continue at a very inexpensive rate of \$85/per six sessions/month.

8-Hour Premarital Intensive

\$995.00 *\$186.00*

This one day experience intends to give couples the training needed for a lifetime marriage. Members can bring down the cost in two ways: First, by sharing the day with three other couples and second, by applying a special 25% discount just for members. For the price of a fancy wedding cake we can help eliminate a lot of early damage in a marriage or even help a couple come to tough decisions regarding their plans.

Online Chats & Forums

Not Available *Free*

FAQs Archive **Not Available** *Free*

This database is divided into many popular topics and members can browse through questions and answers that our counselors have been asked in counseling over the years. Members are bound to find some direction and help in this continuously growing archive.

Accountability Software

\$6.95/month *\$6.95/month*

Blue Skies supports true accountability. Members can choose to share with someone where they go on the internet and how long they stay. Blue Skies is a promoter of Covenant Eyes software.

Professional Counseling

\$85.00/session *\$30.00*

Traditional face to face counseling is available to members at a reduced cost of \$30.00/session for six sessions. We hope this affordable offer gets people started in counseling that otherwise could not afford to come. After six sessions, regular costs resume via self-pay or insurance.

20-Hour Marital Intensive Intervention with 2 Licensed Therapists

\$2,495.00 *\$1,871.00*

This intensive intervention with two therapists is designed to get to the bottom of the marital dynamics & develop a plan of restoration that works. Divorces are costly in many ways and we believe that a marriage is worth the effort to analyze and do away with destructive patterns.

Group Therapy (these are therapy sessions, not support groups)

\$60.00/session *\$20.00/session*

Not Available *Free*

Crisis Information

\$250.00 *\$85.00/month for 3 sessions*

Not Available *Free*

Individual Life-Coaching (over the phone)

Life-Coaching is a great way to help someone begin to actually live out their true calling. Life coaching is available in groups and individually.

Group Life-Coaching (over the phone)

\$150.00 *\$50.00/month for 3 sessions*